

Rules for Mediation

1. Everything discussed in mediation is to be kept confidential unless someone's safety is at risk.
2. Everyone must stay calm.
3. Everyone will have a chance to talk.
4. Everyone has the right to share how he/she feels.
5. Ridicule is not allowed.
6. When one person is talking, the other person cannot interrupt.
7. Talk in terms of yourself using "I" statements.
8. When speaking, focus on the problem or issue rather than the person.
9. Be specific instead of general.
10. Everyone needs to do his/her best to find and agree on a solution that works.

It is the responsibility of the mediator to remind and direct students to follow the rules for mediation.